

NOW





Another year has passed in which, it seems we are pushed to love more and appreciate what we have more, seeing that everything can change from one day to the next. Whether it's a cancer diagnosis, a highly contagious virus or a war, everything we know now - can change in a second. So we have to change just as quickly. Thus, we learn to value the simple life circumstances, simple instants and to give more of ourselves to those who are experiencing difficult instants in their lives. We have seen this year that together we can overcome whatever is and whatever may come.

The meaning of together has changed in value, having a greater significance, from one year to the next.

If 4 years ago together we were looking for solutions to make a therapeutic center for people affected by cancer, 3 years ago together we opened the first SUS INIMA house; 2 years ago we were looking to be together while staying apart, this year together means even more than all those things. Whether we are supporting people affected by cancer, or refugees from Ukraine, the word together is the basis of everything we do, and by doing more and more, the number of those who, together, do good things, increases.

Thank you for being part of our together, for being here every step of the way, and for always helping, the ones in need> No matter if they were looking for a place to stay, a meal, a therapy session, a kind word, a treatment, an information or a school.

Because all of us, together, are SUS INIMA.

Carmen Chindriș

A handwritten signature in blue ink, appearing to read 'Carmen' followed by a stylized flourish.



I have noticed, especially since the pandemic, that we apply a filter by which we measure our actions: what can x action/ context/ person do for me? How does this situation affect my life? How does this affect me personally?

Based on this analysis, we tag and define contexts, situations, and people. No matter how unbiased this type of analysis is. Following this logic, a situation, context or a person, will be defined as being either good or bad, close or far, friend or foe, worthy or unworthy to receive my help...etc.

The problem with this analysis is very simple: how do you know the quality of a thing, if you judge it only by its compatibility with your desires or expectations?

SUS INIMA has been an oasis of selfless help all these years and will remain so, as long as we choose daily to simply help others. Helping without labelling their lives, difficulties, choices and personal experiences, based on their compatibility with our expectations and desires.

We need to consciously choose to help - so that no one goes through rough things alone... not just cancer... but through hopelessness, despair, darkness... [fill in what you think is appropriate, the palette is wide and increasing...]

I wish for all of us to take examples from those who make the choice to help selflessly, who choose to be human above all else and no matter what happens, I wish for all of us to choose humanity above all else.

SUS INIMA!

Lu Knobloch

A handwritten signature in black ink, appearing to read 'Lu Knobloch'.



365 more days have passed. With thousands of problems. Since February, the Ukrainian crisis and our hearts have been beating faster and faster. We've seen an immensity of difficult situations. We need to keep our spirits and hearts elevated, that's what we've said to ourselves. When I say and write WE, it means all those who stood with US in all that our work represented.

A simple "thank you", is too little.

Perhaps if you could see the face of children, mothers and grandmothers who discovered the love of a nation they thought was unforgiving with them < I mean our own nation, let's face it> you would really be able to understand the reward of our daily work. We didn't slow down with the help of our cancer beneficiaries either, they got involved, fully, with prayer and deed, in supporting us.

Sometimes war, is more terrifying, than one's own fear... than one's own illness.

Pain shared with those who together are in suffering, transforms and becomes consolation in the Spirit of God.

For being part of US, Thank You!

Because WE are together SUS INIMA, thank God!

Constantin Necula

A handwritten signature in black ink, which appears to read "Constantin Necula". The signature is written in a cursive, flowing style.



SUS INIMA

TOGETHER, WE HELPED IN 2022:

13,768
direct
beneficiaries

38,120
indirect
beneficiaries



partnerships #16

susinima spaces #7

[SUS INIMA Sibiu Office / Oncological Support Center Sibiu / SUS INIMA House Sibiu / SUS INIMA House Bucharest / Ukrainian Primary School / Ukrainian High School / UA Info Point]

awareness & fundraising events #2

awards received #2

[The award for Involvement and Response in Crisis Situations, granted by Sibiu Liberals, The Civil Society Prize 2022, granted by the European Economic and Social Committee]

4.126.397 RON

invested in implemented and on-going projects

25.350 working hours

+

14.232 volunteered hours



grants and projects won #12

[Kaufland, Marathon International Sibiu, Humane Society, SWISS SOLIDARITY, SNC ROMGAZ SA, OXFAM, Community Foundation Sibiu, SOS Kinderdorfer Romania, PROFI Romania, Association for Intercommunity Relations]

international event participation #36

UNHCR NGO Global Consultations, UNHCR ROMANIA REFUGEE Intervention Consultations, WORLD HEALTH ORGANISATION Health Consultations for Romania, WORLD HEALTH ORGANISATION Health Consultations for Refugees în Romania, LION – Leipzig Immune Oncology (LION) Conference, ELCC 2022 (European Lung Cancer Congress 2022, etc.)



susinima team #18

[1 executive director / 1 social development director / 1 strategic organizational development director / 1 communication and marketing coordinator / 1 day center manager / 2 oncology navigators / 1 social assistant / 1 social worker / 1 psychotherapy services coordinator / 2 psychologists / 1 oncology program coordinator / 1 refugee integration program coordinator / 1 cultural program coordinator / 1 anthropologist / 2 management assistants/ 2 translators]

susinima edu team #30

[6 educators, 5 primary school teachers, 2 after school teachers, 15 secondary school teachers, 4 care staff]

susinima collaborators #40

[4 specialist oncologist / 3 specialist radiologists / 6 medical assistants / 2 psychologists / 1 psychiatrist / 4 social services expert / 2 nutrition expert / 1 art therapy expert / 2 accounting experts / 1 videographers / 1 brand manager / 4 photographers / 2 DTP / 1 interior designer / 1 website developer / 2 PR and communication / 2 visual artists]



ONCOLOGY

1. SUSINIMA HOUSES OF SIBIU + BUCHAREST

This year, SUS INIMA houses hosted oncology patients from 18 counties in Romania and included patients from Ukraine and the Republic of Moldova.

The SUS INIMA houses offer free accommodation and meals during the radio or chemo+radio treatment period.

797 beneficiaries of Sus Inima houses
(45% M / 55% F)

2673 nights accommodation

1580 hot meals offered



ONCOLOGY

2. ONCOLOGICAL SUPPORT CENTER

1101 hours of therapy sessions for cancer patients and their relatives (Oncological navigation, psychotherapy sessions, psychological support groups, art therapy, nutritional therapy)

12 art therapy sessions

16 nutrition sessions

48 cases of second opinion

52 psychological support groups

218 psychotherapy sessions

660 files reviewed by oncological navigators



ONCOLOGY

3. PATRONAGE

17 cases of patients who needed specialized interventions abroad, expenses borne from own funds and fundraising activity in the amount of **412.280 RON.**



INTERVENTION ACTIONS AS A RESPONSE TO THE UKRAINIAN CRISIS

susinima.eu



INTERVENTION ACTIONS AS A RESPONSE TO THE UKRAINIAN CRISIS

TOTAL BENEFICIARIES: 10609 persons
(4820 persons transiting Romania / 5789
persons provided with local assistance)

SERVICES OFFERED:

Accommodation, meals, transportation, access to medical services, access to therapeutic services, access to educational services, access to social services, access to the job market, translations, social events' development, emergency assistance and intervention



INTERVENTION ACTIONS AS A RESPONSE TO THE UKRAINIAN CRISIS

1. HALA ZACARIA

developed in partnership with Valletta Park, Sibiu Community Foundation, CSU FANS and Sibiul for all.

Hala Zacaria was opened from 01.03.2022 - 01.07.2022 and served the needs of a community of approximately **3,600 people** with food, hygiene products, clothing, toys, books, etc.

Initiative supported by own funds, donations and partnerships with RED CROSS ROMANIA, KAUF LAND ROMANIA, LIDL ROMANIA.



INTERVENTION ACTIONS AS A RESPONSE TO THE UKRAINIAN CRISIS

2. 'One community' educational center

was opened from 01.04.2022 - 01.09.2022 and provided access to educational services for **56 children from Ukraine**, thus providing the opportunity for adults to find employment. The children received hot meals, snacks and could benefit from education in their native language facilitated by educators hired from the ranks of refugees from Ukraine.

Initiative supported by own funds,
thyssenkruppBilstein SA, IFM ELECTRIC,
OXFAM.



INTERVENTION ACTIONS AS A RESPONSE TO THE UKRAINIAN CRISIS

3. Romanian and English language courses

developed in partnership with the Sibiu Community Foundation and "Lucian Blaga" Sibiu University, SOS Kinderdorfer

The initiative is ongoing and involves the development of language course modules suitable for native Ukrainian speakers. They are able to study English and Romanian. **327 persons** have benefited from these courses until now.

Initiative financed from own funds and OXFAM.



INTERVENTION ACTIONS AS A RESPONSE TO THE UKRAINIAN CRISIS

4. Ukrainian Kindergarten Sibiu

developed in partnership with FRAM SCHOOL

Ongoing initiative. The Ukrainian kindergarten group, for children between the ages of 3-6, attended by **68 children** who benefit from educational services in their mother tongue, facilitated by six Ukrainian educators.

Initiative financed from own funds, STEP BY STEP and RED CROSS.



INTERVENTION ACTIONS AS A RESPONSE TO THE UKRAINIAN CRISIS

5. Ukrainian educational centers Sibiu

- developed in partnership with the Evangelical Parish Gușterita Sibiu and the Sibiu Inspectorate.

Ongoing initiative. The initiative has 2 components, primary school and secondary school, respectively high school. This educational system includes **192 Ukrainian children**, respectively **31 teachers and auxiliary staff from Ukraine**. The children go to school between 08:00 and 17:00, they receive a hot lunch and all the necessary educational and didactic material. The Ukrainian parents are co-funding these projects by paying an educational fee of 50 Euro/month/child. Additionally costs are covered through SUS INIMA own funds, Deutscher Schulverein "Friedrich-Wilhelm Raiffeisen", CANPACK Romania, SWISS SOLIDARITY, IFM EFECTOR SRL, SOS Kinderdorf Romania.



INTERVENTION ACTIONS AS A RESPONSE TO THE UKRAINIAN CRISIS

6. Temporary accommodation for refugees from Ukraine. Temporary accommodation for refugees from Ukraine and their pets.

Ongoing initiative. Since the beginning of the crisis of the war in Ukraine **78 direct beneficiaries** (pet owners) **+ 89 pets** have been accommodated.

Initiative financed from own funds and
HUMANE SOCIETY.



INTERVENTION ACTIONS AS A RESPONSE TO THE UKRAINIAN CRISIS

7. Ukrainian Info Point

project carried out in partnership with the Club of German Businessmen in Sibiu.

Ongoing initiative. The information point is a space for meeting and holding information sessions about the most important aspects: legal, medical, social, about which refugees from Ukraine need to be informed. **5680 direct beneficiaries** (persons looking for social, educational, psychological, medical information and facilitation of access to such services), **270 direct beneficiaries** for the Ukrainian Library, **160 direct beneficiaries** of self defense and personal development courses (how to's on self defense, anxiety and stress, PTSD, sexual development, sexual harassment etc), **1969 direct beneficiaries** - persons included in the Group "Ukrainians in Sibiu", that is coordinated by SUS INIMA personnel and volunteer staff.

Initiative financed from own funds.



INTERVENTION ACTIONS AS A RESPONSE TO THE UKRAINIAN CRISIS

8. SUSINIMA.PLAYS

Project carried out in partnership with national and international artists and innovative cultural and social workers.

Ongoing initiative. The project aims for social inclusion through performance art. The workshops will be focused on games-like activities, that will help the participants develop new skills in a fun and creative way.

Susnima Plays workshops start from the 1st of November 2022 and will be held daily in designated spaces for designated groups. The facilitators of workshops are professional award-winning directors, actors, musicians, dancers who are accompanied by Romanian and Ukrainian therapists and translators.

ÎMPREUNĂ
TU
NOI

Pjoli